

NOTICE OF NONDISCRIMINATION
Discrimination is Against the Law

Optimal Health & Wellness Chiropractic Center (KS Chiropractic, PC) complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Practice does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Optimal Health & Wellness Chiropractic Center (KS Chiropractic, PC):

Provides free aids and services to people with disabilities to communicate effectively with us, such as:

- Qualified sign language interpreters;
- Written information in other formats (large print, audio, accessible electronic formats, other formats).

Optimal Health & Wellness Chiropractic Center (KS Chiropractic, PC)

Provides free language services to people whose primary language is not English, such as:

- Qualified interpreters; or
- Information written in other languages.

If you need these services, contact [Katie Resick, Civil Rights Coordinator].

If you believe that This Practice has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: [Katie Resick, DC Civil Rights Coordinator], [1704 Broadview Blvd, Natrona Heights, PA 15065], [724230-0255], [724-230-0259], [ohwchirocenter@gmail.com]. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, [Katie Resick, DC, Civil Rights Coordinator] is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-868-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Civil Rights Coordinator [Katie Resick, DC], [1704 Broadview Blvd, Natrona Heights, PA 15065], [724230-0255], [724-230-0259], [ohwchirocenter@gmail.com]

Have a disability? Speak a language other than English? Call to get help for free.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou.

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn.

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電。

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement.

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода.

العربية (Arabic): لمجان. ات صل ب رقم ملحوظة: إذا كنت ت تحدث اذكر ال لغة، فإن خدمات المساعدة ال لغوية ت توافر لك ب ا العربية ه مصل ا مكبل او:

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti.

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung.

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 번으로 전화해 주십시오

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej.

ગુજરાતી (Gujarati): ઢુ ણા: જી તમે જરાતી બોલતા છે, તો િન: ેડુ ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે.

ภาษาไทย (Thai): เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี

WEBSITE HOMEPAGE NOTICE OF NONDISCRIMINATION

We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. You may access the Nondiscrimination and Accessibility notice [here](#).

Language assistance available: [Español](#), [Kreyol Ayisien](#), [Tiếng Việt](#), [Português](#), [中文](#), [français](#), [Tagalog](#), [русский](#), [العربية](#), [italiano](#), [Deutsche](#), [한국어](#), [Polskie](#), [Gujarati](#), [ไทย](#), [日本語](#), [فارسی](#)

STATEMENT OF NONDISCRIMINATION

(For significant publications and significant communications that are small-size)

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Civil Rights Coordinator [insert phone/contact information] [insert TTY # for hearing impaired services]

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ภาษาไทย (Thai): เรียน: *ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี*